

How to Find Free or Discounted Transportation for **Medical Appointments**

You're not alone.

62% of the people with cancer we support don't have a reliable way of getting to treatment

If you need help getting to treatment, **there are free and low-cost transportation options** — often called Non-Emergency Medical Transportation (NEMT) programs. Here's how to access them:



01

Talk to your care team

Let your social worker, nurse navigator, or another healthcare provider know you're having trouble getting to appointments. They may be able to schedule your appointments on the same day, so you can save money on gas and parking.

A member of your care team may also be able to connect you to:

- **Hospital-provided transportation:** Some hospitals or treatment centers offer free rides for patients, depending on where they live and their level of need.
- **Ride-share services:** Your treatment center may partner with companies like Lyft or Uber to provide free rides to and from appointments.
- **Volunteer and nonprofit ride programs:** Many organizations across the country have volunteers who drive patients to treatment at no cost.
- **Regional transportation services:** Low-cost or discounted public transportation, sometimes called paratransit, may be available in your area for medical appointments.



02

Review Medicaid benefits

If you have Medicaid, you can get free rides to medical appointments.

Transportation may be provided by taxi, van, bus, or other services, depending on your state. You usually need to schedule your ride a few days in advance.

To learn more or schedule a ride, search “[Your State] Medicaid transportation” on Google or call the customer service number on your Medicaid card.

03

Visit Family Reach’s Financial Resource Center

At FamilyReach.org/gethelp, you can:

- Enter your zip code to find local and national support programs
- Connect one-on-one with a Resource Navigator
- Access financial tips and guidance
- Work with your healthcare provider to apply for available financial assistance

