

Asking Your Care Team for Help

With Everyday Costs During Cancer Treatment



Your care team — like your social worker or patient navigator — is there to listen, support, and connect you to resources that *relieve financial stress during cancer treatment*.

For many of the people and families we support, asking questions like these made it easier to talk about their financial concerns with their care teams and *find support for their everyday needs*.



Housing

Am I eligible for any housing assistance programs?
Can you help me apply?

Are there affordable options for temporary housing closer to the care center?

Transportation

Does the hospital offer free or discounted parking passes for patients?

Are there any organizations that assist with gas or public transportation costs? Can I get free or discounted rides to treatment?

Can my doctors schedule appointments on the same day so I can save money on gas and parking?





Utilities

I'm worried about keeping up with my bills.
How do other families handle this?

Is my family eligible for government assistance programs
or deferred payment options? How do we apply?

Food

Does the hospital offer any free food options or
coupons for the cafeteria?

Am I eligible for food stamps? How do I apply?

I'm struggling to follow the diet my doctor
recommended on a limited budget. Are there food
banks nearby or other resources?



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“My social worker reminded me
I wasn't alone, and helped me
feed my family and get *as much
financial help as possible.*”