

Predictors of high financial distress in a national, multi-ethnic sample of patients with cancer



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Background:

- Financial toxicity is characterized by the financial burden that patients face and is a rapidly growing challenge in cancer care
- Patients and providers are seldom aware of available resources to help mitigate this growing problem.
- To comprehensively evaluate financial toxicity, this study leveraged a national, multi-ethnic sample of patients who receive financial support services from a non-profit entity (Family Reach) including:
 - Comprehensive Financial Assistance,**
 - Resource Navigation,**
 - Financial Planning, and**
 - A Financial Guidebook with relevant resources**

Methods:

- Patients were eligible for this study if they received at least one financial support resource from Family Reach between 1/1/2020-6/30/2020.
- An 11-item survey was sent electronically to all eligible participants who were given a one-month time frame to complete.
- A multivariate model was employed to identify sociodemographic predictors of high financial distress.

Results:

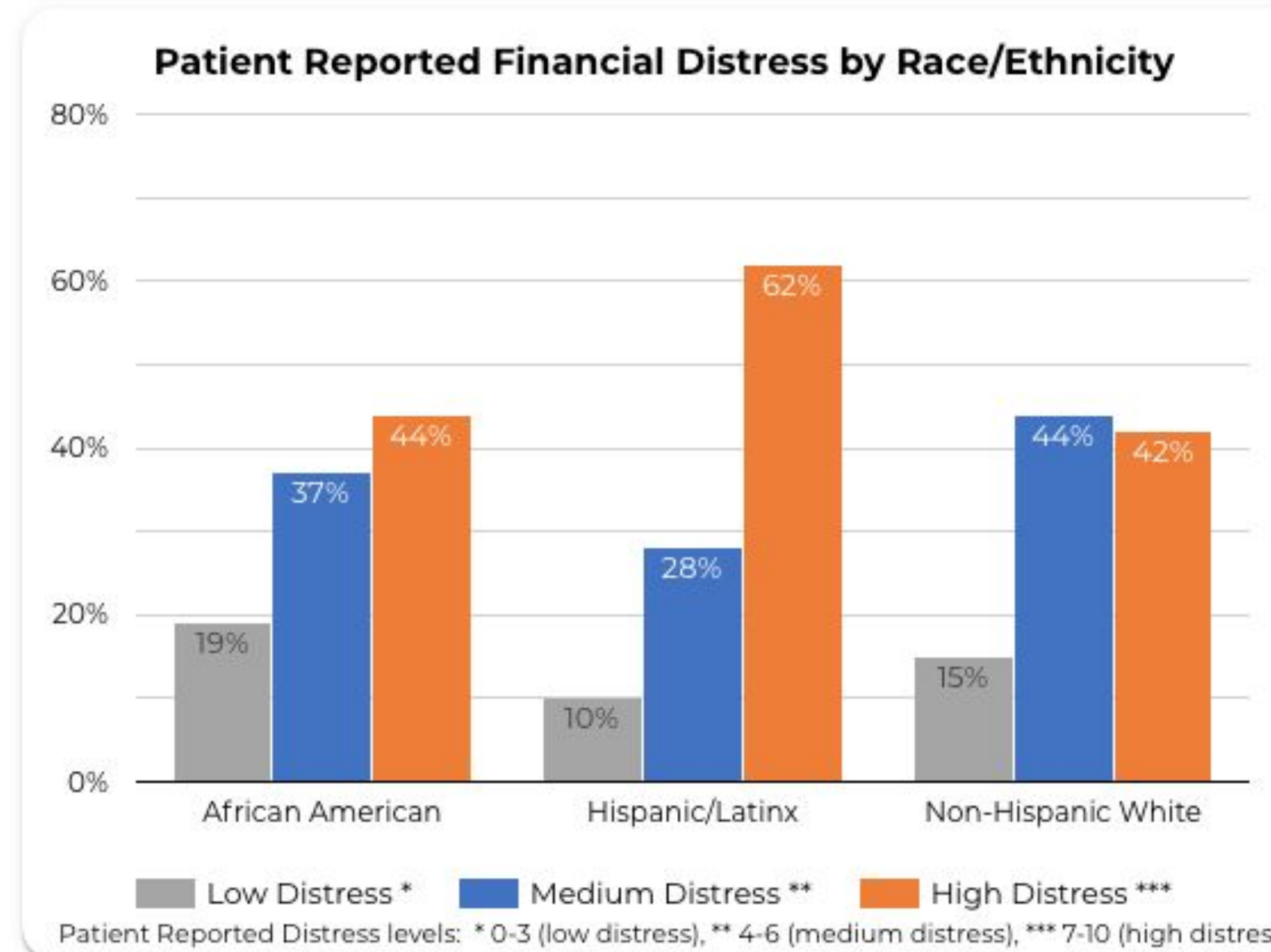
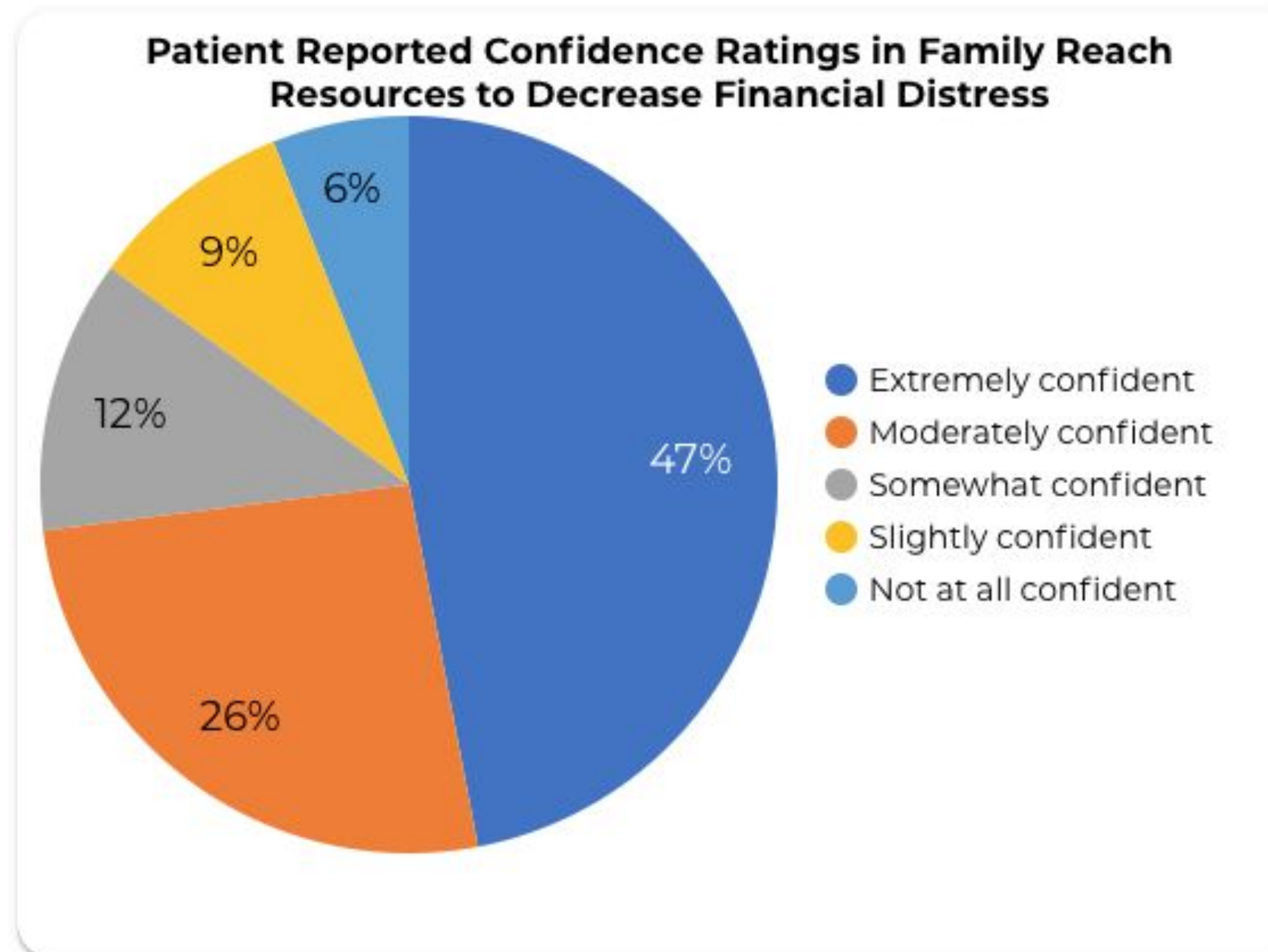


Table 1: Demographics of Survey Respondents (N=330)

Age	Mean 22 (Median 15, Stdev 17.3)
Gender	Male 155 (47%) Female 172 (52%) NS 3 (1%)
Race/Ethnicity	Non-Hispanic White 151 (46%) Hispanic/Latinx 67 (20%) African American 62 (19%) Asian/PI 9 (3%) Native American 3 (1%) Unknown 4 (1%) Other 15 (4.5%) Not Specified 19 (6%)
Household Size	Mean 3.89, (Median 4, Stdev 1.76)
Annual Household Income	\$0-10,000 45 (14%) \$10,000-\$19.9K 38 (11.5%) \$20K-\$29.9K 39 (12%) \$30K-\$39.9K 36 (11%) \$40K-\$49.9K 28 (8.5%) >\$50K 67 (20%) Not Specified 77 (23%)

Key Takeaways:

1. Patient reported financial distress was high, particularly for patients identifying as Hispanic/Latinx
2. The majority of respondents were confident that financial resources provided could mitigate financial stress
3. Referrals to organizations providing such resources could help reduce disparities in financial distress

*For additional information please contact Impact@FamilyReach.org